

Curriculum Vitae



Dr.Malihe Saboor's profile

First Name: Maliheh

Last Name: Saboor

Date of Birth: 1968

Place of Birth: Tehran

National Number: 0050676512

Workplace Address: University of Social Welfare and Rehabilitation Sciences Research Center, Evin, Tehran, Iran 1985713834

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Scientific evidence

1 Doctor of Pharmacy Degree from Tehran University of Medical Sciences in 1993

2. MPH Degree in Geriatrics from University of Social Welfare and Rehabilitation Sciences 2011

3) Certificate of Restructuring in Hospital Management from Karlsruhe University, Germany 2005

4- Phd Elderology, 2018

Scientific records

Research Projects

- 1- Evaluation of Nervous Drug Use Status at Complexes of Welfare Organization of Iran (1996-97)
- 2- Assessment of the Prioritization of Different Medicines Used at the Well-Being Complexes (1996-97)
- 3-Evaluation of Clonidine Effectiveness as the Primary Drug Abuse Treatment in the Welfare Organization 1998 (presenter)
- 4- Investigation of the effect of camphor capsule instead of thioridazine in Tehran Well-being Complex, 1999
- 5-Nutritional status of children under 12 years of supportive complexes in north of 78 welfare district (presenter)
- 6- Pattern of drug use among the elderly living in sanatoriums in Tehran 2009)
- 7- How to use internet in cultural retirees of Babol (2012) (Executive)
- 8- Project "Comparing the Independence of Iranian and Portuguese Elderly: A Cross-Cultural Study (presenter)
9. Principal Contributor in the Implementation of a Multi-Center Intervention Study to Increase Physical Activity in the Workplace 2010-2011
- 10-Key Fellow of the Persian Version Accreditation and Validation Project "Performance Evaluation Test in Iranian Elderly 2013
11. The main collaborator of the project "Assessment of physical, mental and health care status in caregivers, patients with dementia and their relation with functional, cognitive, and behavioral characteristics of patients 2013
- 12-Second presenter of "Generational Value Gap: A Comparative Study of Youth and the Elderly in the Elderly in Tehran" 2013
13. Main Contributor in Designing and Evaluating Psychometric Properties of Iranian Elderly Quality of Life Questionnaire -2013

14. Key Contributor in the Comparison of Sleep with Awakening on Cobblestone Memory Consolidation in Tehrani Youth, Middle Ages and Elderly-2013
15. Main contributor to the project "Comparison of body image and socio-cultural attitudes towards appearance in youth, middle-aged and elderly-2013
- 16-Fellow of the project "Validity and Reliability of the Persian Version of the World Health Organization Quality of Life Questionnaire - Elderly Version"
17. Key Contributor to the Design and Construction of the Psychometric Properties of the Iranian Elderly People's Daily Activities Scale -2013
- 18- PhD Thesis "Evaluation of Prevalence of Potential Inappropriate Drugs and Related Factors in Elderly Referred to Tehran Pharmacy in 2014

articles

Persian articles

- 1- Publishing a series of articles entitled "How to Use Medicines in Well-Being
- 2- Publishing articles on the elderly and drug treatment
3. Publish articles on psychosis and anti-psychosis drugs
- 4-Print article on the rational consumption of B12 and BCOMPLEX ampoules at the level of welfare complexes
5. Publish articles on the most recent neurobehavioral drugs
- 6- Publishing an article entitled Ecstasy Pills 84 in Nawandish Scientific Journal (First author and author)
7. Publishing an article on the problems of drug therapy in the elderly in 2002 in the Elderly Journal (First author and editor)
- 8-Print article on the pattern of drug use in the elderly living in sanatoriums in Tehran (Elder 2011) Elderly Journal (First author)
- 9- How to use internet in cultural retirees of Babol (2014) Elderly Journal (First author)
- 10- Paper "Investigation of the prevalence of polypharmacy in the elderly living in Kahrizak Charitable Sanctuary in 2010 (Spring 2013 Elderly Journal) Second author onwards

11- Investigating the Relationship between Polypharmacy and Demographic Social Factors in the Elderly of Kahrizak Charitable Sanctuary in 2010 (Winter 2013, Sabzevar Scientific Journal)

12- Assessment of speech comprehension with temporal compression in the elderly (Elderly Journal 91) Second author onwards

13- The article "The effect of using pedometer on increasing physical activity at work" Second Sabzevar Journal

14- "Psychometric Properties of Persian Version of the Cardiovascular Strength and Endurance Items in Iranian Elderly Performance Test" in Elderly 93 Second Quarterly Authors

English articles

1- Prescription pattern of medication in elderly residing in nursing

homes in Tehran 2014 (ISI)

first author

2- Feeling of loneliness and -depression among older adults with higher educational attainment. (2015) (ISI) first author

3- Prescription pattern among Iranian community dwelling older adults (2019)

The first author has been accepted and will be published in February 2019

4- Prevalence and Associated Factors of Potentially Inappropriate Medications Among Iranian Older Adults (2019)

The first author accepted the paper and will be published in February 2019

Lectures in workshops, congresses and professional short-term training courses

1. Invited speaker to participate in the congress panel on "The Prescription and Reasonable Use of Medicines in the Elderly" in 1990

2. Invited Lecturer at the Third Congress on the Issues of Aging in Iran and the World

3- Lecture on the principles of standardization of rehabilitation services in nursing homes

5- Lecture in the Elderly Psychiatry Disorders Training Course

6- Lecture in Healthy Lifestyle Elderly Workshop

7. Lecture in the Principles of Standardization of Rehabilitation Services in Elderly Sanatoriums
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8. Lecture in Rehabilitation Workshop in Elderly

9-Lecture at the Congress on the Study of Elderly Issues in Iran

10. Lecture in the Principles of Standardization of Rehabilitation Services in Elderly Sanatoriums

11. Lecture in the Common Elderly Disorders Training Course

12. Lectures in the Fundamentals of Geriatrics and Gynecology

13. Invited speaker at the First International Congress and the Fourth National Congress on Aging in 2014

Reviewing scientific papers and research proposals and research proposals

1. Consideration of the plan for exporting goods and medical services abroad

2- Reviewing the article "Pattern of drug use in people 55 years and older residing in Tehran"

3-Reviewing the Paper: assessment of herbal medicine algorithm in nursing houses of isfahan (2008)

4 - Reviewing 3 articles of the Elderly Journal in 2014

5-Referee 2 Elderly Journal Articles in 2014

6- Supervision of Research Project "Targeted Evaluation of Prospective Cohort Studies on Aging" 2014

7- Judging Research Project "Implementation of Standards of Service Provided in Elderly Care Centers of the Nation (2006)"

8. Judgment of the research project "Standardization of care services in 2014

9. Judging the pattern of elderly care services in the United States in 2007

10. Judgment of "Validity and Reliability of Physical Activity Assessment Questionnaire in Iranian Elderly" (89)

11-Judging the project "Assessment of health status of elderly in Qom province 2005

Teaching Experience

12. 350 hours teaching in TQM80 comprehensive quality management training course
- 13- 200 hours of FOCUSPDA teaching for the welfare provinces of the country
- 14- 300 hours teaching in FOCUSPDA course for four areas of wellbeing in Tehran province
- 15) 100 hours of continuous quality teaching
- 16 - 84 hours of teaching teaching
- 17-Lecture on the Importance of Medication in the Elderly at the Congress of Clinical Pharmacists in2005
- 18-Teaching 2 units of elderly pharmacology and theoretical and practical supplementary products
- 19- Teaching "Management of Medicinal Services in the Elderly" to MSc Students in Elderly Health since 2013
20. Teaching health education lessons to senior health students of 2019
- 21-Teaching "Elderly Health Needs Assessment" Course for PhD Students in2019
22. Teaching "Quality of Life in Aging" to PhD students 2019
- 23- Teaching "Biochemistry and Pharmacology" Course to Senior Physical Therapy Students since 2019
24. Teaching "Pharmacology for Rehabilitation" Course to Senior Rehabilitation Nursing Students 2019
25. Teaching "Pharmacology and Complementary Processes of Aging" to senior nursing students 98
- 26-Teaching "Pharmacology in Rehabilitation" course to PhD students

Membership in Scientific and Exercise Committees

1. Membership in the Scientific Committee of the Schizophrenia Congress
- 2- Membership in the Executive Committee of the Second Congress of Rehabilitation Nursing
- Membership in the Executive Committee of the Elderly Congress2005
- 4- Executive Secretary of the Elderly Congress2005

5. Membership in the Scientific Committee of the Elderly Congress 2005
6. Membership in the Executive Committee of the Elderly Congress 2005
7. Membership in the Scientific Committee of the Congress of Elderly
8. Member of the Board of Nutrition of Welfare Sciences 2004
- 9-Member of the Administrative Transformation Commission of the University of Social Welfare 2004
- 10-Member of the Board of Auditors of University of Social Welfare 2004
- 11-Member of the Center for Strategic Planning, University of Social Welfare 2004
- 12-Member of the Executive Committee of University Classification Plan 2004
- 13-Member of the Executive Committee of the Department of Strategic Planning of the Ministry of Finance 2002
14. Member of the Welfare Organization Proposal Committee 2002
15. Member of Research Council of Geriatrics Education 2009
16. Member of the Education Council of the Elderly Education Group 2010
17. Executive Secretary of Introductory Workshop on Qualitative Research in Medical Sciences 2002
- 18-Member of the Committee for Quality Improvement of Tehran Province
19. Member of the Committee on Medicinal Affairs of the Welfare Organization
- 20-Member of the Committee for Compiling the Journal of Tehran Welfare Rehabilitation Affairs 76
- 21-Executive Director of Elderly Nutrition Seminar 2000
- 22-Executive Director of Rehabilitation Technology Seminar
23. Member of Scientific Committee of Rehabilitation Technology Seminar
- 24-Executive Director of Hearing Screening Conference on Early Intervention in Children with Hearing Impairment 2001
- 25-Secretary of Research-Training Workshop Developing Therapeutic-Educational Protocol for Down Syndrome 2004

26-Seminar of Non-Medicinal Methods of Treatment of Mental Illness

27- Scientific and Exercise Secretary Seminar on the Title of Rational Prescription Drugs and Print Article in Organization

28-Executive Secretary of the First International Congress and the Fourth National Congress of Aging University of Welfare in 2015

29-Member of the Scientific Committee of the First International Congress and the Fourth National Congress of Aging University of Welfare in 2015

Education Courses

1. Participation in all courses of Razi Drug Monthly Training since 2004

2 - Participate in the prescribed drug treatment of neurological disorders

3- Participation in the 8th congress of toxicology and toxicity of Iran

4- Attending the Fifth Congress of the Iranian Association of Pharmacists

5. Attending the Schizo Frenya Congress 2004

6- Attending the Third Iranian Congress of Spinal Cord Injury

7. Attending Isfahan University of Medical Sciences and Health Services

8. Attending the Congress of Physiology and Pharmacology

Participation in Certified Trainings of the Association of Clinical Sciences Specialists

10-Participate in the drug-innovation-training and grades

11. Participation in short-term professional training in Elderly Health Care Management

12. Participation in short-term vocational rehabilitation training in the field of 2009

13- Attending vocational short-term training in common psychiatric disorders in old age 2009

14. Participation in short-term vocational training in the principles of geriatrics and gynecology 2009

15. Attending the Fifth Conference of Children with Mental Retardation 2004

16. Attending the First Iranian Congress on Spinal Cord Injury 2000

17. Attending the Systematic Review Workshop 2009

18. Attending a Rational Drug Prescription Seminar
19. Attending the Congress on the Study of Elderly Issues in Iran and the World
20. Attending the Second International Congress on Aging in Iran
21. Attending the first national seminar on schizo-phrenia and chronic mood disorders 2004
- 22- Participate in the Advanced Scientific Research Workshop, Scientific and Resource Management 2006
23. Participation in Jahrom University of Medical Sciences 2006
- 24-Participation in Isfahan University of Medical Sciences self-study program under the title Computer Computer and Internet Training 2006
- 25- Participation in the Documented Education of Tehran University of Medical Sciences under the name of Medication in Cardiovascular Diseases 2006
- 26- Participate in the first national conference on urban health2010
- 27- Attending the 10th Conference of Managers of Managers of Medical Sciences Universities 2002
- 28- Participate in the Second National Seminar on Quality Improvement in University Organizations
- 29- Participation in the first national quality management conference
- 30- Attend the first seminar on nutrition and health of the elderly
- 31- Participation in the Third Seminar on Improving the Quality of Experts in University Organizations and Schools of Medical Sciences
32. Attend E-Learning Workshop
33. Participation in Information and Communication Course
34. Attending Basic Information Technology and Technology course
35. Participation in Computer Period of Wellbeing and Rehabilitation Sciences
36. Taking part in a justification test
- 37-Participate in ICDL84 Computer Training
38. Participating in the Training Challenge of Privatization Challenges

- 39- Attending Customer Honor Plan Workshop and Customer Satisfaction Techniques
40. Attending the Process Control Complementary Workshop (SPC)
41. Attending a quality improvement training workshop at Urmia University of Medical Sciences & Health Services Management Development Center
- 42-Down Syndrome Consultation Workshop
- 43- Participate in a one day introductory meeting with office change
44. Participating in Gaqah Communication Skills
- 45- Participate in Strategic Planning Training
46. Attending an Introductory Workshop
- 47- Participate in continuous quality improvement training workshop
- 48- Attending Pre-teaching Skills Workshop
- 49- Attending Need Assessment Workshop-
- 50- Participation in the workshop "Judging skills and lack of scientific papers"
- 51- Participate in Research Prioritization Workshop of Elderly Research Center
- 52- Attending the Congress of Clinical Pharmacy on the subject of Aging in 2004
53. Participate in the advanced electronic resource search workshop, familiar with 14 hours internet search methods
54. Participate in TOEFL and MHLE fitness classes
55. Attending the Clinical Pharmacy Congress in 2012
56. Attending the Clinical Pharmacy Congress 2004
- 57-92 "spss" workshop
- 58- Attendance at the office automation workshop-2004
- 59- Attending Knowledge Translation Workshop -2009
- 60- Participation in Aging Research Center Setting Research Priorities Workshop -
- 61- Participation in the Research Priorities Setting Center for Aging Research -

- 62-Workshop on Introduction to Administrative System Information System -
- 63. Participation in self-study course "Pharmacology" -
- 64- Participation in self-study book "Needs Assessment" -
- 65- Participate in the "Strategic Plan Development Workshop" -
- 66- Workshop on "Designing Taxonomy-Based Exam Questions" -
- 67-Participate in the Electronic Resources Search Workshop, Getting to Know Electronic Magazines and Electronic Services
- 68-Certificate of Completion of MCHE-91 Training Course
- 69- Seminar on Rational Drug Administration
- 70- Specialized Workshop on Comprehensive Medical Research and Education System - Iranian Medical Research Portal-
- 71-Endnote & Endnote web software workshop
- 72-The Self-Learning Program "The Effects of Alcohol, Tea and Coffee from the Perspective of Medical Science and Western Scholars -
- 73- Workshop on "Advanced Scientific Search, Management of Scientific Resources"

Executive Activities

- 1. Responsible for the National Wellbeing Center of Iran
- 2- Head of Pharmaceutical and Health Affairs of Tehran Province, 2000
- 3. Head of Department of Human Resources, University of Tehran, 2005
- 4- Responsible for holding congresses and congresses of University of Social Welfare and Rehabilitation Sciences
- 5- Executive Director of Geriatrics Research Center
- 6- Expert in Research of Aging Research Center
- 7. Faculty member of the Department of Elderly Education since 1998
- 8- Faculty member of the Research Center for Aging
- 9. Head of University Research Secretariat since 2002

Theses

- 1- Thesis Consultation on Prevalence of Poly Pharmacy in Elderly Residents of Kahrizak Charity Hospital in 2010
- 2- Thesis Supervisor, "Evaluation of Prescriptions of Potentially Inappropriate Medicines and Their Costs in Elderly Covered by Social Security Insurance in Tehran Province in 2019"
- 3- Thesis Supervisor Professor "Evaluation of prescription of inappropriate drugs in the elderly discharged from teaching hospitals of Ilam city in 2019"
- 4- Professor Thesis Guide entitled "Physicians Knowledge and Attitude toward Inappropriate Prescriptions in Elderly"